Planning for Retirement

Presented By:



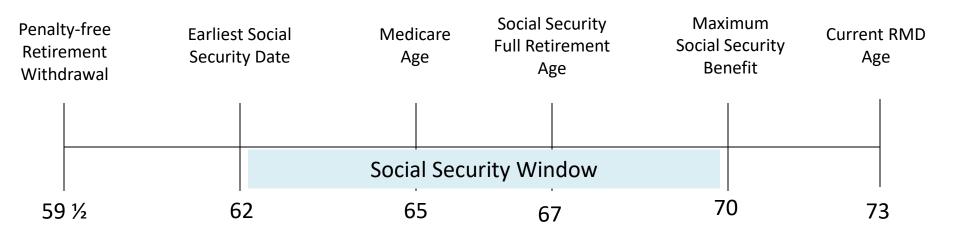


4 Main Concerns

- ▲ Health Insurance
- **401k & Other Retirement Assets**
- ▲ Income Planning
- Social Security



General Timeline





Health Insurance

Medicare
 Private Insurance
 COBRA



Health Insurance

Medicare

- ▲ The Basics (Link)
- ▲ Parts of Medicare (<u>Link</u>)
 - Part A: Hospital
 - Part B: Medical
 - Part D: Drugs
- ▲ Costs (<u>Link</u>)
 - Premium
 - Deductible
 - Coinsurance



Medicare Costs

Costs for Part A (Hospital Insurance)

Part A costs:	What you pay in 2023:
Premium	\$0 for most people (because they paid Medicare taxes long enough while working - generally at least 10 years). This is sometimes called "premium-free Part A." Do I qualify? ③
	If you don't qualify for a premium-free Part A, you might be able to buy it. In 2023, the premium is either \$278 or \$506 each month, depending on how long you or your spouse worked and paid Medicare taxes.
	• You also have to sign up for Part B to buy Part A.
	 If you don't buy Part A when you're first eligible for Medicare (usually when you turn 65), you might pay a penalty. <u>How much is the Part A penalty?</u>
Deductible	\$1,600 for each time you're admitted to the hospital per benefit period, before Original Medicare starts to pay. There's no limit to the number of benefit periods you can have.
Inpatient stays (copayments)	Days 1-60: \$0 after you pay your Part A deductible Days 61-90: \$400 each day Days 91-150: \$800 each day while using your 60 lifetime reserve days After day 150: You pay all costs

https://www.medicare.gov/basics/get-started-with-medicare/medicare-basics/what-does-medicare-cost Trutina Financial is a Registered Investment Advisor with the Securities and Exchange Commission



Medicare Costs

• Costs for Part B (Medical Insurance)

Part B costs:	What you pay 2023:
Premium	 \$164.90 each month (or higher depending on your income). The amount can change each year. You'll pay the premium each month, even if you don't get any Part B-covered services. Who pays a higher premium because of income? How do I pay my Part B premiums? You might pay a penalty if you don't sign up for Part B when you're first eligible for Medicare (usually when you turn 65). Check when
	<u>I should sign up for Part B.</u> How much is the Part B late enrollment penalty?
	 You'll pay an extra 10% for each year you could have signed up for Part B, but didn't. This penalty is added to your monthly Part B premium. (You may also pay a higher premium depending on your income.) It's not a one-time late fee – you'll pay the penalty for as long as you have Part B.
	 Generally, you won't have to pay a penalty if you qualify for a Special Enrollment Period. To qualify, you (or your spouse) must still be working and you must have health coverage based on that job.
	Example of the Part B penalty. ③
Deductible	You'll pay \$226, before Original Medicare starts to pay. You pay this deductible once each year.
Costs for services (coinsurance)	You'll usually pay 20% of the cost for each Medicare-covered service or item after you've paid your deductible.

https://www.medicare.gov/basics/get-started-with-medicare/medicare-basics/what-does-medicare-cost Trutina Financial is a Registered Investment Advisor with the Securities and Exchange Commission



Medicare Costs

Drug coverage (Part D):

Part D costs:	What you pay:
Premium	Monthly premiums vary based on which plan you join. The amount can change each year. You may also have to pay an extra amount each month based on your income.
	Who pays an extra amount because of income? ③
	You might pay a penalty if you:
	Don't join a Medicare drug plan when you first get Medicare, and
	Go 63 days or more without creditable drug coverage (coverage that's similar in value to Part D).
	How much is the Part D penalty?
	• You'll pay an extra 1% for each month (that's 12% a year) you could have signed up for Part D, but didn't.
	The penalty is added to your monthly premium.
	 It's not a one-time late fee – you'll pay the penalty each month for as long as you have Part D coverage (even if you change plans).
	 If you have creditable drug coverage or if you qualify for Extra Help, you won't have to pay a penalty.
	Example of the Part D penalty. (1)
When you get prescription drugs	Most plans charge a deductible, an amount you pay before the plan starts to pay, for prescriptions you fill. The deductible amount varies based on which plan you join.
	Your actual costs vary depending on the medicines you take, if they are on your plan's list of covered drugs, and which pharmacy you use.

https://www.medicare.gov/basics/get-started-with-medicare/medicare-basics/what-does-medicare-cost Trutina Financial is a Registered Investment Advisor with the Securities and Exchange Commission



Medicare

Qualifying for Medicare

- ▲ 65 years old
- ▲ Case specific but can qualify earlier if disabled
- ▲ Paid Medicare taxes while working (usually 10 years)
 - 40 quarters
 - Do not need to be consecutive

https://www.hhs.gov/answers/medicare-and-medicaid/who-is-eligible-for-medicare/index.html Trutina Financial is a Registered Investment Advisor with the Securities and Exchange Commission



Health Insurance

▲ Private Insurance (Prior to 65)

- ▲ Why:
 - Perhaps retiring prior to 65
 - Purchasing additional coverage
- ▲ Budget: Roughly \$1,000 per person, per month

▲ COBRA (<u>Link</u>)

- ▲ Continuation of current coverage from your employer
- ▲ Typically 18 months of coverage



COBRA

How to Qualify

- Previously covered by employer
- ▲ Job loss, resignation, divorce, death of employee, etc.
- ▲ Work for a group of 20+ employees
- Not available if employer terminates entire group benefit plan or goes out of business

▲ Cost

- Enrollees typically responsible for full cost of premiums plus 2% admin fee
- While working, your employer covered a portion of your premium which means COBRA will likely be more expensive than the original coverage



401k & Retirement Accounts

- ▲ Options with your 401k
- ▲ Withdrawals & Taxes
- A RMD



401k (& other retirement accounts)

▲ Options with your 401k

- ▲ Stay in your current plan
 - Lose some benefits (Loans, contribution & match)
 - Less flexibility on distributions until rolled into IRA (plan dependent)
- ▲ Roll into IRA
 - IRA: Individual Retirement Account
 - Responsible for your investment allocation
 - 401k assets will likely transfer in cash & need to be reinvested



Retirement Accounts

Withdrawals & Taxes:

- ▲ Traditional (Pre-Tax) vs. Roth
- ▲ Current Tax Brackets (Link)
 - Marginal (The next dollar)
- ▲ Income likely changing in retirement
- Social Security + any pension income (if applicable) + retirement account / savings withdrawals = retirement income

Minimum distribution required from retirement accounts starting at age 73



Income Planning

Accumulation vs. Spending
 Building Your Plan



Income Planning

Accumulation vs. Spending

- ▲ Big switch in mentality
- ▲ Assess overall portfolio risk
- ▲ Typically best to avoid very large withdrawals at once when smaller, systematic withdrawals are an option
 - Reduce timing risk
- ▲ Determining your *healthy* withdrawal rate
 - Healthy looks different for everyone. "Rule of thumb" advice is 3-4% but many factors to consider
 - Factors that may impact this withdrawal rate



Income Planning

A Building Your Income Plan:

- Build a budget for your retirement
- Understand your social security timeline + any other guaranteed income streams
- Understand tax implications on account withdrawals
- ▲ Create a distribution plan from your retirement accounts
- Review your situation over time to ensure your goals are being met & your plan is sustainable (will see you through retirement)



- ▲ Key Ages
 ▲ Taxes
 ▲ What Can You Do N
- What Can You Do Now?



▲ Key Ages

▲ 62 – Earliest to receive benefit (Link)

- 5/9 of a percent reduction each month before normal retirement age up to 36 months. After 36 moths, benefit reduced 5/12 of a percent
- ▲ 67 Full retirement age
- ▲ 70 Maximum benefit
 - 8% increase each year over 67 until 70

 Other reductions can occur if you turn on your benefit while still working (<u>Link</u>)



▲ Taxes

▲ Taxed as income (Link)

You will pay tax on only 85 percent of your Social Security benefits, based on Internal Revenue Service (IRS) rules. If you:

- file a federal tax return as an "individual" and your combined income* is
 - between \$25,000 and \$34,000, you may have to pay income tax on up to 50 percent of your benefits.
 - more than \$34,000, up to 85 percent of your benefits may be taxable.
- file a joint return, and you and your spouse have a *combined income** that is
 between \$32,000 and \$44,000, you may have to pay income tax on up to 50 percent of your benefits.
 - more than \$44,000, up to 85 percent of your benefits may be taxable.
- are married and file a separate tax return, you probably will pay taxes on your benefits.



What to do now

- ▲ Log into website and get an estimate of benefits (Link)
- ▲ Begin planning
 - Structuring income based on benefit

